Do you have dementia? Do you support someone living with dementia?



Get personal advice and practical support in Leicester, Leicestershire and University Hospitals Leicester.







Our dementia support workers offer information and practical guidance both in the community and in hospital to help you understand the condition, manage the hospital discharge process, cope with day-to-day challenges and prepare for the future.

Face-to-face, over the phone or in writing they will help you to:

- Remain independent and stay active for as long as possible
- Get information and advice you need to make informed decisions about your wellbeing
- Find other local services which can help to improve your life.

Contact the team (Mon – Fri 8.30am – 5pm) 0116 231 6921

leicestershireandrutland@alzheimers.org.uk alzheimers.org.uk









