

Dementia Support Groups in Leicester & Leicestershire



If you have dementia or are caring for someone with dementia, come along to your local Support Group. Meet with other carers, have a cuppa, receive information, support and guidance. Activity sessions for people living with dementia are held separately. Our Support Groups meet in the following locations:

COUNTY

Forget Me Not Memory Café - Countesthorpe Village Hall

Station Road, Countesthorpe. LE8 5TB
3rd Monday of each month 2pm – 3.30pm

Memory Box Memory Café – Cotesbach Village Hall

Main Street, Cotesbach, Lutterworth. LE17 4HZ
3rd Friday of each month 10.30am – Midday

Carers Support Group & Activity Group - Market Harborough Methodist Church

Northampton Road, Market Harborough. LE16 9HE
1st Friday of each month 10am – 11.30am

Charnwood Memory Café - John Storer House

Wards End, Loughborough. LE11 4HA
2nd Thursday of each month 10.30am – Midday

Poppies Memory Café - Syston Community Centre

School Street, Syston. LE7 1HN
1st Monday of each month 10.30am – Midday

Memory Café - Marlene Reid Centre

Belvoir Road, Coalville. LE67 3PH
1st Friday of each month 2pm – 3.30pm

Wigston Memory Café - Salvation Army

Ladysmith Road, South Wigston. LE18 4UZ
1st Wednesday of each month 11am – 12.30pm

Bluebells Memory Café - Groby Village Hall

Leicester Road, Groby. LE6 0DJ
2nd Thursday of each month 2pm – 3.30pm



Alzheimer's Society operates in England, Wales and Northern Ireland.
Registered charity number 296645.

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Carers Support Group & Activity Group - Pathways Centre

Hinckley Baptist Church, Baptist Walk, Hinckley. LE10 1PR
2nd Wednesday of each month 2pm – 3.30pm

Melton Memory Café - Melton Carnegie Museum

Thorpe End, Melton Mowbray. LE13 1RB
1st Friday of each month 10.30am – Midday

Early Onset Carers Support Group

For carers of people under 65 years with mild to moderate symptoms
4th Tuesday of each month 6.30pm – 8pm
Advance referral only. Please ring 0116 2316921 for more information

Early Onset Activity Group

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4th Tuesday of each month 6.30pm – 8pm
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CITY

Rolleston Memory Café

Eyres Monsell Community Centre
Hillsborough Road, Leicester LE2 9PQ
4th Friday of the month, 1.30–3pm

Willowbrook Memory Cafe

Thurnby Lodge Community Centre
Thurncourt Road, Leicester LE5 2NG
2nd Tuesday of the month 1.30–3pm

The Brite Centre Activity Group

Braunstone Ave, Leicester LE3 1LE
4th Tuesday of the month 1.30–3pm

The Tudor Centre Memory Café

Bewcastle Grove, Leicester. LE4 2JU
3rd Friday of the month 1.30-3pm

Holbrook Memory Café

St Guthlac's Church, Holbrook Road, Knighton, Leicester, LE2 3LF
Every 2nd Friday in the month 1.30pm – 3pm



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